



CARRBORO FAMILY MEDICINE CENTER, P.A.

Patient Centered. Community Based.

Physical Exam Appointment Policy

If your appointment is between 8:00 AM and 11:00 AM, and you are over the age of 19, please fast 10-12 hours prior to your appointment. You may have water, black coffee or unsweet tea. Drink lots of water prior to your visit.

Please arrive 10-15 minutes early to allow us adequate time to properly check you in. Remember to bring your insurance card and driver's license to the appointment. If you need to cancel or reschedule, please give a 24 hour notice or you may be charged for a missed appointment.

Also, remember to print off and fill out the Review of Systems form and bring it with you.

Carrboro Family Medicine Center, P.A.

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www.carrborofamilymedicine.net